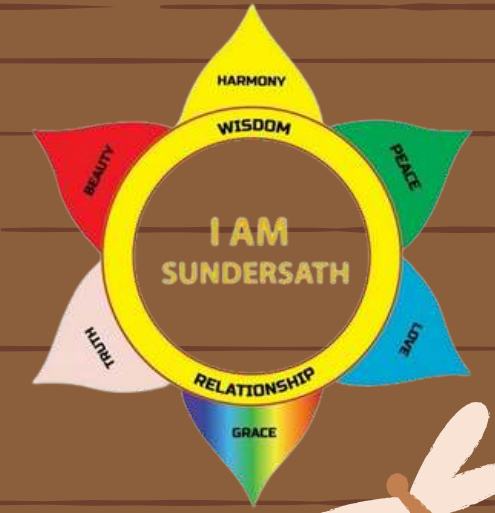


I AM SUNDERSATH KIDS SHIBIR 2025



Exciting and Safe Adventure in the Middle of Nature



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An illustration of a campsite. On the left, there is a yellow tent pitched on a green field. Behind the tent are two green trees. To the right of the tent, a person with long white hair, wearing a red beanie, a teal long-sleeved shirt, a black skirt, and black boots, stands holding a black mug with red liquid. In the foreground, a person with dark skin and curly hair, wearing a yellow tank top, orange pants, and black boots, is walking towards the right. In the background, there is a wooden signpost with two horizontal wooden signs. The entire scene is set against a green background with some bushes and a path in the bottom left corner.

INTRODUCTION

Pranamji, everyone! We are excited to spend the shibir with you and your families. We would like to go over rules and additional information to make the shibir an enjoyable experience.



APPRECIATING THE HOST



The host has graciously offered to provide us with accomodation.
We would like to ensure that we respect the lodge rules.



We will be staying at the Glenstone Lodge.

Address – 504 Airport Rd, Gatlinburg, TN 37738



GLENSTONE LODGE RULES

- Children must have adult supervision at all times.
- Do not gather at the lobby or front desk. Please only gather in designated meeting rooms or event spaces.
- Do not use the pool (unless you are given a designated pool-time).
- No running indoors.
- No chewing gum.
- Noise Control: Quiet time is from 10:00 PM to 7:00 AM.
- RFID or magnetic strip keys: please do not put room key near phones as this may deactivate the key. In case this occurs, contact Shyamal (do NOT go to the front desk).

GLENSTONE LODGE RULES

- Respect the Lodge & Staff: Treat the property, furniture, and staff with kindness. Keep all areas clean.
- Stay in Designated Areas: Do not wander into restricted or private areas.
- Follow Meal & Activity Schedules: Be on time for meals and group activities.
- Room Etiquette: Keep your room clean. No rough play, jumping on beds, or damaging property.
- Respect Others' Space: Avoid entering anyone's room without permission.
- Electronics Use: No loud sounds on phones/tablets in public spaces.



SHIBIR REMINDERS

The schedule provided will be strictly followed, especially for all outdoor activities.


There will be no extra transportation available after given time.

Please plan to be on time for all events.



SHIBIR SCHEDULE


July 20th, 2025 (Sunday)



4:00 PM – Check-in at the Glenstone Lodge. (Please follow signs on where to check-in). DO NOT go to the front desk.
– Tea and snacks



- Please obtain room keys from Dhavalbhai & Hemantbhai.



- Please do not give room keys to kids– if lost, they will not give new keys!



SHIBIR SCHEDULE

July 20th, 2025 (Sunday)

6:00 PM – Aarti, Orientation

7:30 PM – Dinner

8:30 PM – Anand Mangal

SHIBIR SCHEDULE

July 21st, 2025 (Monday)

7:00–8:00 AM – Breakfast

8:00–8:45 AM – Yoga/ Meditation/ Mangal Aarti

9:00 AM – Morning activity

12:00 PM – Lunch at the Lodge

1:00 PM – Afternoon activity

4:00 PM – Tea and snacks

6:00 PM – Sandhya Aarti/ Evening Program

7:00 PM – Dinner

8:30 PM – Sada Anand Mangal

SHIBIR SCHEDULE

July 22nd, 2025 (Tuesday)

7:00–8:00 AM – Breakfast

8:00–8:45 AM – Yoga/ Meditation/ Mangal Aarti

9:00 AM – Morning activity

12:00 PM – Lunch

1:00 PM – Afternoon activity

4:00 PM – Tea and snacks

5:30 PM – Sandhya Aarti/ Evening Program

7:00 PM – Dinner

8:30 PM – Sada Anand Mangal

SHIBIR SCHEDULE

July 23rd, 2025 (Wednesday)

7:00–8:00 AM – Breakfast

8:00–8:45 AM – Yoga/ Meditation/ Mangal Aarti

9:00 AM – Morning activity

12:00 PM – Lunch at the Lodge

1:00 PM – Afternoon activity

4:00 PM – Tea and snacks

6:00 PM – Sandhya Aarti

7:00 PM – Dinner

8:30 PM – Sada Anand Mangal



SHIBIR SCHEDULE

July 24th, 2025 (Thursday)


7:00–8:00 AM – Breakfast

8:00–8:45 AM – Yoga/ Meditation/ Mangal Aarti

9:00 AM – Parayan Purnahuti, Gratitude, Blessings

12:00 PM – Lunch

2:00 PM – Checkout





PERSONAL VEHICLES

The cost for a National Park Parking Permit is \$5 per day or \$15 for the whole week.

<https://www.nps.gov/grsm/planyourvisit/fees.htm>



SHIBIR SCHEDULE

Backup

In case of rain or extreme heat:

There will be fun and educational indoor activities.



REMINDERS ABOUT CHECK-OUT

- Check out is on Thursday, July 24th after lunch.
- Please return 2 keys to Dhavalbhai & Hemantbhai.
- Please let us know if you plan on checking out before Thursday, July 24th.

The background of the slide is a colorful illustration of a campsite. On the left, there are green mountains with white snow patches. In the foreground, there is a green field with a small campfire, a yellow and green tent, and a yellow folding chair. A brown signpost with white text is on the left. The sky is blue with white clouds and birds. A yellow dragonfly is on the left side of the central text box. The central text box is a light beige rectangle with a brown wavy border at the top.

IMPORTANT

- Please bring any necessary medications, vitamins or first-aid that your child may need.
- Motion sickness pills and vomit bags, if needed
- First-Aid kit will be available at all times by calling Khushali at 201-245-4240.

**PREPARATION
BEFORE SHIBIR**

Mandatory things you need to prepare before the Shibir:

- Outdoor clothing
- Hiking shoes/ sneakers and socks
- Sandals/ slippers
- Summer hat
- Sunscreen
- Bug spray
- Sunglasses
- One pair of nice Indian cloths for Thursday



**PREPARATION
BEFORE SHIBIR**





Optional things you need to prepare before the Shibir:

- Swim Clothes
- Towel
- Water shoes
- Life jackets
- Noodles or donuts



**PREPARATION
BEFORE SHIBIR**

Any shade of blue,
cotton shirt is
acceptable.

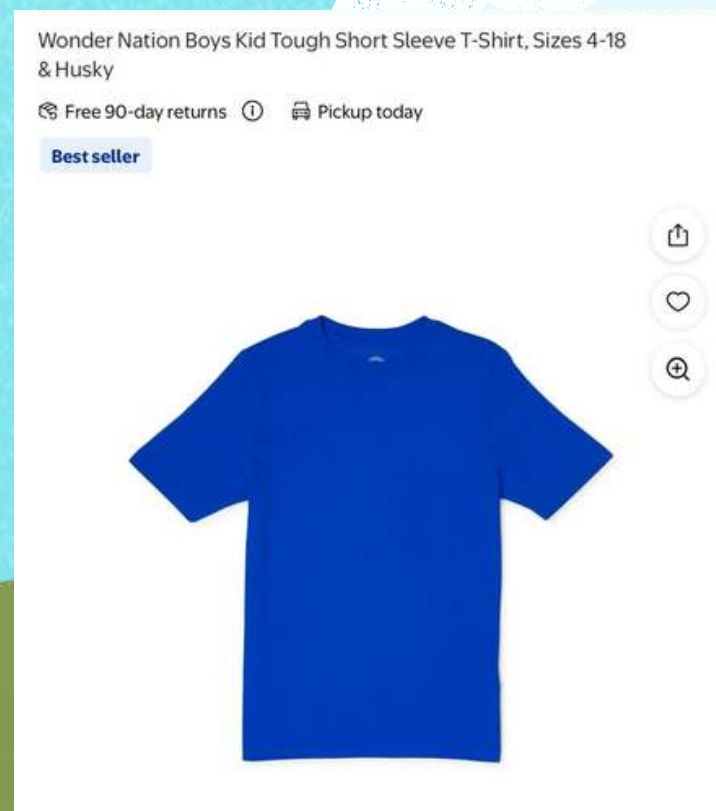
COTTON SHIRTS

Walmart has shirts for under \$4.
Please bring a blue one for all days
you would like to have your child
wear it. We can iron on the I am
Sundersath logo on the shirt for
you.

Please see the link below for the
shirt –

<https://www.walmart.com/ip/Wonder-Nation-Boys-Kid-Tough-Short-Sleeve-Crewneck-T-Shirt-Sizes-4-18-Husky>

Please wash your
shirts before
bringing them for
logo



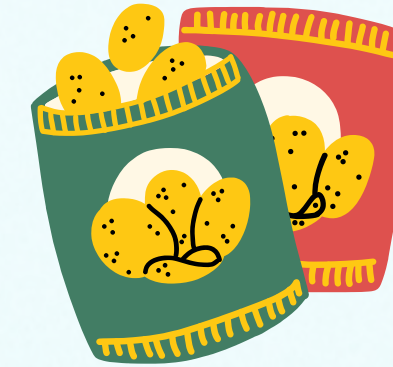
FOOD AND DRINK

All meals will be provided for all kids and their families.



MENU PLAN:

Breakfast, Lunch and Dinner will be provided at the Lodge.



SNACKS:

Tea/snacks will be at 4:00 PM



DRINKING WATER:

Water will be provided during all outdoor activities





Some things you need to keep in mind during the shibir:



BE ON TIME

In order to do every fun activity we have planned, make sure your family follows the schedule.



RESPECT YOUR ROOMS

Treat the Glenstone Lodge better than your own home.



ZERO FOOD WASTE

Take only what you will eat. You can always take seconds.

SHIBIR REMINDERS





Parental Responsibilities



MONITOR YOUR KIDS

Parents are responsible for their children's behavior and safety.



ENSURE KIDS FOLLOW RULES

Respect the Host's generosity and keep the Lodge clean.



ENCOURAGE GROUP PARTICIPATION

Ensure your children attend all scheduled activities.

SHIBIR REMINDERS



SEVA FOR SHIBIR

Please use the QR code below, if you would like to use your credit card to donate.



Please use the QR code below, if you would like to use Zelle to donate.



WILL YOUR CHILD PARTICIPATE?

SHIBIR ACTIVITIES

Here are some shibir activities that we will do:

Dancing

Bhajan/
Kirantan
Singing

Hiking and
Exploring

Tartam Poetry

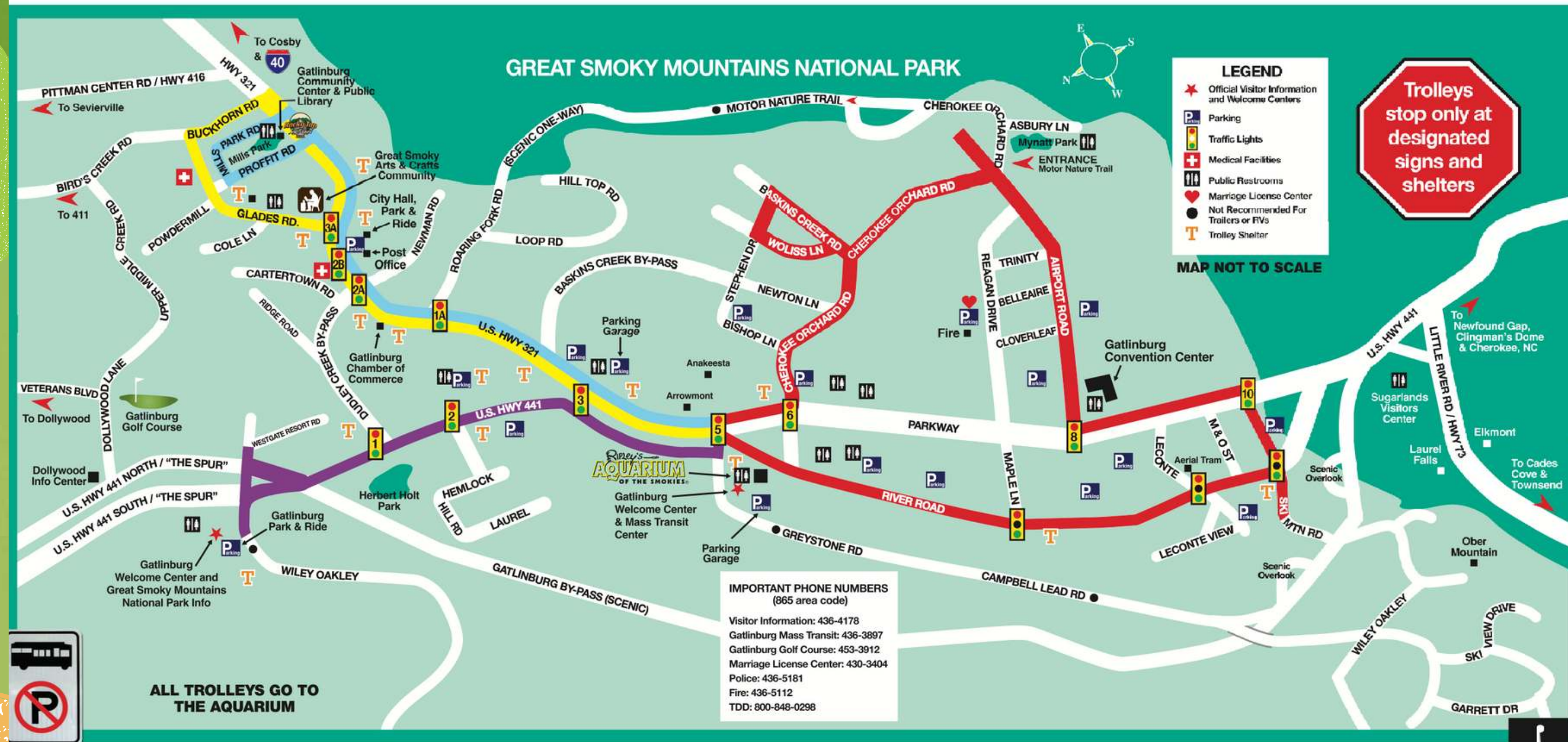
Arts/Crafts

Nature
Photography



ACTIVITIES FOR ADULTS

GATLINBURG TROLLEY ROUTES



You can board Trolleys at many locations throughout the City – anywhere you see the Street Trolley sign. The Gatlinburg Trolleys are identified by route signs posted on each Trolley. Trolleys are handicap accessible. Alternate formats are available upon request. Complimentary paratransit services available if found eligible. For Trolley information, use the **Visit Gatlinburg** app or visit **GatlinburgTrolley.org**

BLUE East Parkway, Community Center, Rocky Top Sports World, Library, Mass Transit Center at Ripley's Aquarium of the Smokies	RED River Rd., Ski Mountain Rd., Parkway from Traffic Light #10 to Traffic Light #8, Convention Center, Airport Rd. Park Vista Hotel, Cherokee Orchard Rd., Baskins Creek Rd., Woliss Ln., Mass Transit Center at Ripley's Aquarium of the Smokies	PURPLE North Parkway, Spur Welcome Center Park and Ride, Mass Transit Center at Ripley's Aquarium of the Smokies	YELLOW APR - OCT: DAILY; NOV & DEC: ONLY MON-SAT Departs from Mass Transit Center at Ripley's Aquarium of the Smokies to the Great Smoky Arts and Crafts Community. Runs approx. once an hour, 10:30 am - 6:00 pm.	MODIFIED SCHEDULE (March & April) 10:30 am - 10:00 pm REGULAR SCHEDULE (May through October) 8:30 am - midnight WINTER SCHEDULE (November through February) Sunday - Thursday, 10:30 am - 6:00 pm Friday & Saturday, 10:30 am - 10:00 pm
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ADULTS – PLEASE CONSIDER DOWNLOADING OFFLINE MAP

- **OPEN GOOGLE MAPS AND LOG IN: ENSURE YOU'RE LOGGED INTO YOUR GOOGLE ACCOUNT.**
- **ACCESS OFFLINE MAPS: TAP YOUR PROFILE PICTURE IN THE TOP RIGHT CORNER, THEN SELECT "OFFLINE MAPS".**
- **SELECT YOUR OWN MAP: TAP "SELECT YOUR OWN MAP".**
- **CHOOSE THE AREA: ZOOM IN AND PAN AROUND TO FIND THE SPECIFIC AREA YOU WANT TO SAVE.**
- **DOWNLOAD THE MAP: TAP "DOWNLOAD" TO SAVE IT.**
- **NAVIGATE OFFLINE: YOU CAN NOW USE GOOGLE MAPS WITHOUT AN INTERNET CONNECTION FOR DRIVING DIRECTIONS WITHIN THE DOWNLOADED AREA.**
- **IMPORTANT NOTES:**
 - **YOU CAN ONLY GET DRIVING DIRECTIONS OFFLINE.**
 - **YOU WON'T GET TRAFFIC INFORMATION, ALTERNATIVE ROUTES, OR LANE GUIDANCE WHEN OFFLINE.**
 - **MAKE SURE TO DOWNLOAD THE MAP AREA YOU PLAN TO VISIT OR TRAVEL THROUGH.**

QUESTIONS

Please contact –

AASHISH PATEL

916-529-1543

SHYAMAL PATEL

732-207-5107

RAXIT PATEL

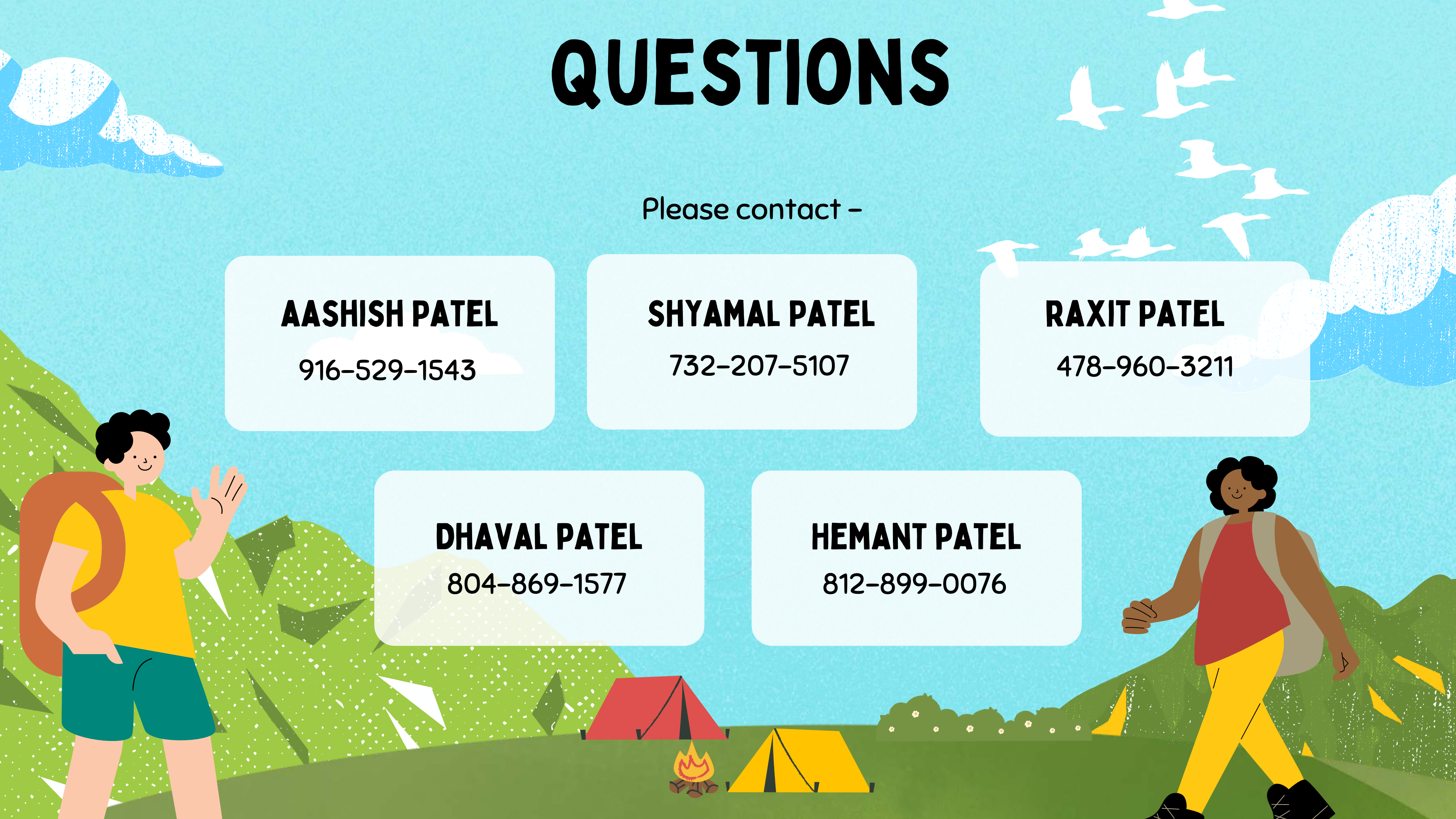
478-960-3211

DHAVAL PATEL

804-869-1577

HEMANT PATEL

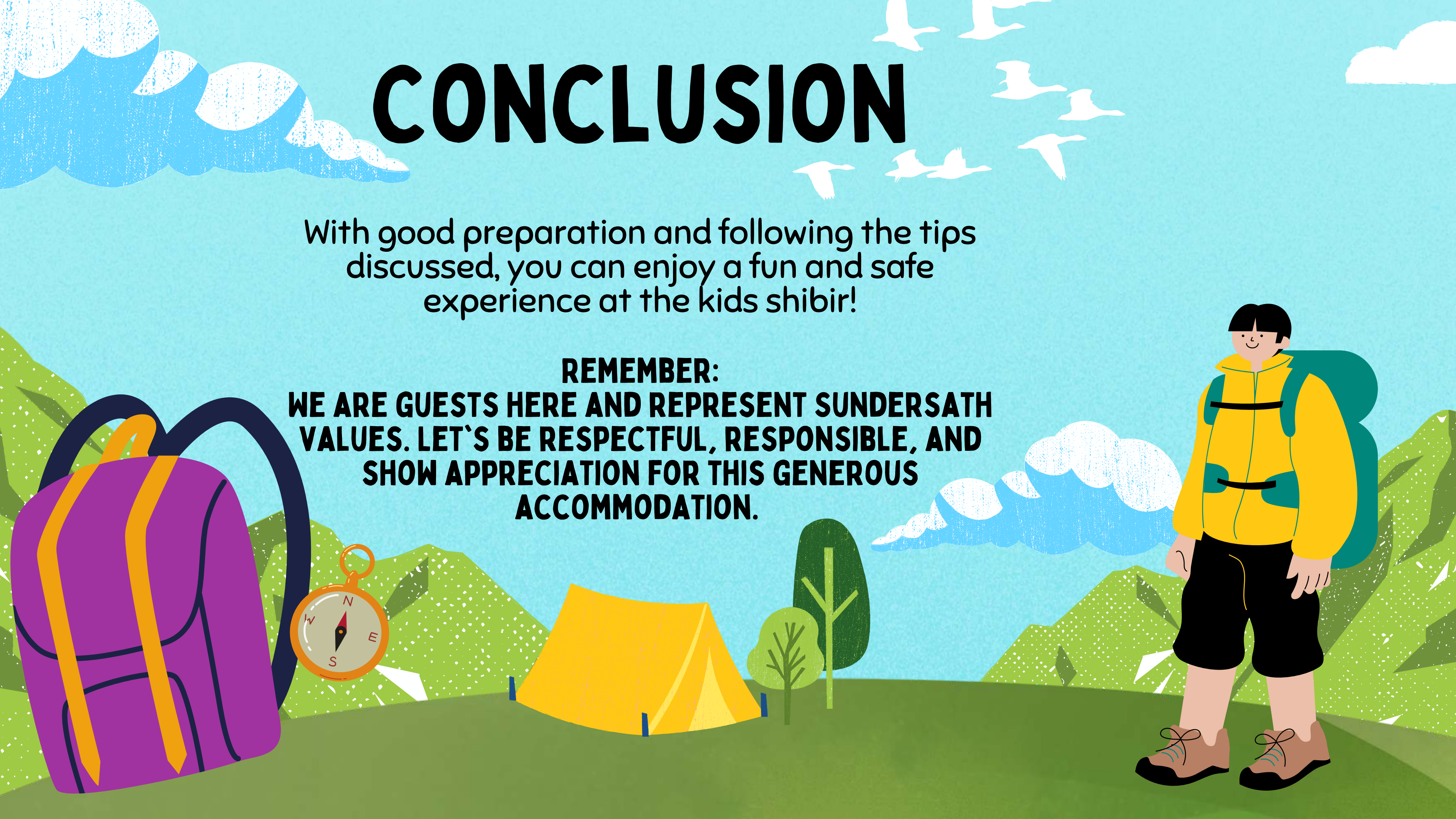
812-899-0076



CONCLUSION

With good preparation and following the tips discussed, you can enjoy a fun and safe experience at the kids shibir!

**REMEMBER:
WE ARE GUESTS HERE AND REPRESENT SUNDERSATH
VALUES. LET'S BE RESPECTFUL, RESPONSIBLE, AND
SHOW APPRECIATION FOR THIS GENEROUS
ACCOMMODATION.**





PRANAMJI